

Seoul International Digestive Disease Symposium 2025

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SIDDS 2025

Frontiers in Digestive Research and Practice

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Country	Japan
Major Field	Diagnostic and therapeutic colonoscopy

Educational Background

1982-1992 Gunma University School of Medicine
1992-1996 Gunma University, Faculty of Medicine, Graduate School of Internal Medicine
1996-2001 National Cancer Center Hospital, Fellow/Senior Fellow of Endoscopy Division

Professional Experience

2001-2003 Mitsui Memorial Hospital, Staff doctor
2003-2007 National Cancer Center Hospital, Staff of Endoscopy Division
2007-2012 National Cancer Center Hospital, Head of Endoscopy Division
2008- Tokyo Medical University, Visiting Professor, Dept. of Gastroenterology
2012- National Cancer Center Hospital, Chief/Director of Endoscopy Division

Main Scientific Publications

1. Ohata K, Kobayashi N, Saito Y, et al. Long-term Outcomes After Endoscopic Submucosal Dissection for Large Colorectal Epithelial Neoplasms: A Prospective, Multicenter, Cohort Trial From Japan. *Gastroenterology*, 2022 Nov;163(5):1423-1434.e2.
2. Tanaka S, Kashida H, Saito Y, et al. JGES guidelines for colorectal endoscopic submucosal dissection/endoscopic mucosal resection. *Dig Endosc.*, 2015 May;27(4):417-434.
3. Saito Y, Uraoka T, Matsuda T, et al. A pilot study to assess the safety and efficacy of carbon dioxide insufflation during colorectal endoscopic submucosal dissection with the patient under conscious sedation. *Gastrointest Endosc.*, 2007 Mar;65(3):537-42.
4. Saito Y, Uraoka T, Yamaguchi Y, et al. A prospective, multicenter study of 1111 colorectal endoscopic submucosal dissections (with video). *Gastrointest Endosc.*, 2010 Dec;72(6):1217-25.
5. Hashiguchi Y, Muro K, Saito Y, et al. Japanese Society for Cancer of the Colon and Rectum (JSCCR) guidelines 2019 for the treatment of colorectal cancer. *Int J Clin Oncol.* [IF: 3.4], 2020 Jan;25(1):1-42.
6. Saito Y, Oka S, Kawamura T, et al. Colonoscopy screening and surveillance guidelines. *Dig Endosc.*, 2021 May;33(4):486-519.
7. Toyoshima N, Mizuguchi Y, Saito Y, et al. The efficacy of texture and color enhancement imaging (TXI) observation in the detection of colorectal lesions: a multicenter, randomized controlled trial (deTXIon study). *Gastroenterology.*, 2025 Mar 18:S0016-5085(25)00524-4. doi:
8. Saito Y, Sakamoto T, Dekker E, et al. First report from the International Evaluation of Endoscopic classification Japan NBI Expert Team: International multicenter web trial. *Dig Endosc.*, 2024 May;36(5):591-599.
9. Djimbachian R, Rex DK, Saito Y, et al. International consensus on the management of large (≥ 20 mm) colorectal laterally spreading tumors: World Endoscopy Organization Delphi study. *Dig Endosc.*, 2024 Nov;36(11):1253-1268.
10. Ikuta S, Saito Y, Takata S, et al. Variability in non-tumor areas of colorectal cancer patients as revealed by endoscopic intestinal step biopsies. *Mol Cancer.*, 2024 Nov 7;23(1):249.